

TUG OF WAR ASSOCIATION NATIONAL UNDER 23 CHAMPIONSHIPS

At the 2018 Tug of War Association AGM a new Under 23 weight class was introduced to the national championships to encourage greater participation by young people.

The format of the Under 23 Championships will be similar to the GENSB junior format, however the minimum number of pullers per team will be 6, with the maximum number of pullers being 8. The rules for this weight class are as follows:

1. He or she will be eligible to participate in this weight class from the beginning of the year in which he or she reaches the age of **16** until the end of the year in which he or she reaches the age of **22**.
2. Mixed teams are allowed
3. The weight category is 6 pullers at 450kg
4. A team will consist of between 6 and 8 pullers
5. Including girls in the team will give a bonus of 10kg for each girl, limited to a maximum team weight of 470kg
6. Teams can enter either as club teams or as area teams
7. If an area team is entered, each puller must be registered with a club based in that area in the usual way
8. Areas can enter multiple teams
9. Area teams must wear matching shirts and shorts
10. This weight class will be run at the same as the mens 680kg competition at the national championships - male competitors will therefore need to choose if they compete in the senior 680kg competition or the under 23 competition

Further details regarding how to enter will be published in due course.